

7th Grade Study Guide

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PRAYERS

(Glory Be, Hail Mary, Our Father and the following)

Act of Contrition

Oh my God, I am heartily sorry for having offended Thee.
I detest all of my sins because of Your just punishment,
But most of all because they offend Thee, my God,
Who art all-good and deserving of all my love.
I firmly resolve, with the help of Your grace,
To sin no more and avoid near occasions of sin. Amen.

Apostles' Creed

I believe in God, the Father almighty, creator of Heaven and earth;
And in Jesus Christ, His only son our Lord,
Who was conceived by the Holy Spirit, born of the Virgin Mary,
suffered under Pontius Pilate, was crucified, died and was buried.
He descended into hell; on the third day He rose again from the dead.
He ascended into Heaven, and is seated at the right hand of God, the Father Almighty.
From thence He shall come to judge the living and the dead.
I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness
of sins, the resurrection of the body, and life everlasting. Amen.

VIRTUES

Theological

Faith - helps us believe in God and all He has revealed to us

Hope - desire and seek eternal life and ultimate happiness in heaven

Charity/Love - allows us to fulfill the 2 greatest Commandments - Love God with all of your heart, soul and mind & love your neighbor as yourself

Cardinal

Justice - giving to others what is due to them

Fortitude - strength to do/withstand what is difficult

Temperance - self-control/moderation in the use of things

Prudence - correct judgment in what to do

THE TEN COMMANDMENTS

1. I am the Lord, your God; you shall not have other gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Sabbath day.
4. Honor your mother and father.
5. You shall not kill.
6. You shall not commit adultery
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
- 10.) You shall not covet your neighbor's goods.

BASIC VOCABULARY

Incarnation - The birth of Jesus, taking on human nature as man.

Parable - A short story Jesus used to teach religious lessons.

Venial

A sin that does less damage to your souls and the relationship with God.

Mortal

Sins of serious nature that sever your relationship with God.

Revelation

All that God has told us about Himself

Sacrament

A visible sign or ceremony given to us by Jesus that gives us sanctifying grace.

Beatitudes

The promises of true happiness that Jesus made to those who follow His teachings.

Soul

The invisible part of man, created by God, that gives our body life.

Gospels

Four accounts given to us about the life, death and Resurrection of Jesus.

THE SEVEN SACRAMENTS:

1.) Baptism:

Matter = water Form = words of the priest/deacon

2.) Reconciliation/Penance/Confession

Matter = sins Form = words of absolution said by the priest

3.) Holy Eucharist

Matter = wine & bread Form = words of consecration prayed by the priest

4.) Confirmation

Matter = oil Form = "be sealed with the Holy Spirit" said by the Bishop

5.) Matrimony

Matter = a man & woman Form = the vows spoken by the man & woman

6.) Holy Orders

Matter = laying on of hands by Bishop Form = words of consecration prayer

7.) Anointing of the Sick

Matter = oil to anoint someone who is sick

Form = prayer by the priest

THE BIBLE

1. The Bible is divided into 2 major parts, the Old Testament and the New Testament.
2. There are 4 Gospels: Matthew, Mark, Luke & John.
3. The Gospels are in the New Testament.
4. The life, death and Resurrection of Jesus are in the New Testament.
5. The first book of the Bible is Genesis and the last book of the Bible is Revelation.

THE FIVE PRECEPTS OF THE CHURCH (The duties of a Catholic)

1. Attend Mass on Sundays and Holy Days of Obligation.
2. Confess sins at least once a year.
3. Receive Holy Communion at least once a year during the Easter season.
4. Observe the prescribed days of abstinence and fasting.
5. Contribute to the needs/support of the Church.

CATHOLIC PRACTICES

Why do Catholics go to confession and Mass?

There are several correct answers. Think of one reason why we go to confession and a different reason we go to Mass.

THE ROSARY

The Joyful Mysteries (Decade)

The Annunciation of Jesus - announce that Jesus will be born
The Visitation - Mary visits Elizabeth
The Nativity of Jesus
The Presentation of Jesus in the Temple
The Finding Jesus in the Temple

The Luminous Mysteries (Decade)

The Baptism of Jesus in the Jordan River
The Wedding at Cana
The Proclamation of the Kingdom of God
The Transfiguration
The Institution of the Eucharist - Jesus gives us the Eucharist

The Sorrowful Mysteries (Decade)

The Agony in the Garden
The Scourging at the Pillar
The Crowning with Thorns
The Carrying of the Cross
The Crucifixion

The Glorious Mysteries (Decade)

The Resurrection of Jesus
The Ascension into Heaven - Jesus returns to heaven
The Descent of the Holy Spirit
The Assumption of Mary - Mary is taken to heaven
The Coronation of Mary - Mary is crowned Queen of heaven

** Memorize which mysteries are in each decade of the rosary. You do not have to memorize them in order.