

Works of Mercy Project Suggestions

Corporal Works of Mercy	Spiritual Works of Mercy
<p>1. Feed the Hungry</p> <ul style="list-style-type: none"> ● St. Vincent de Paul Food Pantry volunteer. ● St. Vincent de Paul Walk for the Poor. ● Make cookies for St. Timothy's Jesse Tree Event. ● St. Timothy's Oktoberfest. ● Friday Lenten Fish Fry (Knights of Columbus). ● St. Timothy's St. Patrick's Day Event. ● St. Lucy Project Food Pantry. ● St. Timothy's Meal Ministry. ● Dinner for St. Timothy's Youth Group. ● Make a meal for a new mom, a sick friend, someone after surgery or just to help your parents on a busy night. <p>2. Give Drink to the Thirsty</p> <ul style="list-style-type: none"> ● Any of the above would also fulfill this requirement. <p>3. Clothe the Naked</p> <ul style="list-style-type: none"> ● Participate in clothing drive ● Collect clothing items to donate to the House of Mercy Thrift Shop in Manassas. ● Collect socks, undershirts, etc. for The Lamb Center. <p>4. Visit the Sick</p> <ul style="list-style-type: none"> ● Visit a sick family member/friend. ● Offer your services (without pay) to an elderly neighbor/relative (yard work, shoveling snow or weeding) <p>● 5. Shelter the Homeless</p> <ul style="list-style-type: none"> ● Participate in the SVDP Walk for the Poor at St. Timothy's in September. ● Donate items to the Lamb Center. ● Collect bathroom supplies for Christ House. 	<p>1. Admonish the Sinner</p> <ul style="list-style-type: none"> ● Gently and lovingly correct someone who is misguided. ● Pray for the conversion of sinners by praying the rosary or doing a Holy Hour. <p>2. Instruct the Ignorant</p> <ul style="list-style-type: none"> ● Help a younger sibling with homework. ● Volunteer to help with the Jesse Tree Event. ● Help a younger sibling learn prayers. ● Volunteer to help with Vacation Bible School. ● Assist with a CCD Class. ● Patiently assist a parent/grandparent with technology. <p>3. Counsel the Doubtful</p> <ul style="list-style-type: none"> ● Lend encouragement or simply spend time with someone who is "down". ● Patiently listen to friends experiencing uncertainty and provide a place of trust. <p>4. Comfort the Sorrowful</p> <ul style="list-style-type: none"> ● Make a card for someone who is ill, or has lost a loved one. ● Visit someone who is struggling with a long term illness or lost a loved one. ● Attend a funeral <p>5. Bear Wrongs Patiently</p> <ul style="list-style-type: none"> ● Discuss an occasion where you "turned the other cheek".

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<p>6. Visit the Imprisoned</p> <ul style="list-style-type: none"> ● Visit a friend or relative who is homebound. ● Play board games with a sick sibling, neighbor or friend. <p>7. Bury the Dead</p> <ul style="list-style-type: none"> ● Attend a funeral (St. Timothy funerals are listed in the cork board in the Vestibule of the Church). 	<ul style="list-style-type: none"> ● Don't correct others when they misspeak. <p>8. Forgive All Injuries</p> <ul style="list-style-type: none"> ● Forgive someone even if they haven't apologized. ● Let go of resentments from past injuries. ● Pray for your enemies/those who have wronged you. <p>9. Pray For the Living and the Dead</p> <ul style="list-style-type: none"> ● Lead a family rosary after dinner. ● Pray for Holy Souls in Purgatory. ● Visit a Catholic cemetery in November to pray for the deceased. ● Attend the DC or Richmond March for Life. ● Make a sign of the cross and pray for the dead every time you drive past a cemetery.

Contact Information Resources for Works of Mercy Suggestions:

St. Timothy St. Vincent de Paul Food Pantry Volunteer Coordinator - cammras@gmail.com

SVDP Walk for the Poor - www.fopwalk.org

Oktoberfest/St. Patrick's Day volunteers - tmiller@sttimothyparish.org

Jesse Tree volunteers - ccd@sttimothyparish.org

St. Timothy Knights of Columbus - pnkmeere@aol.com

St. Timothy Meals Ministry - ca.realstor@verizon.net

St. Timothy Youth Group - youthgroup@sttimothyparish.org

St. Lucy Food Pantry - ccda.net

House of Mercy - <https://houseofmercyva.org/>

Mother of Light Center - <https://www.motheroflightcenter.com/>

The Lamb Center - <https://www.thelambcenter.org/>

Christ House - [https://ccda.net/need-help/housing/men-s-housing-\(christ-house\)/](https://ccda.net/need-help/housing/men-s-housing-(christ-house)/)

Saint Podcast/Online Resources:

Saints Alive- <https://www.saintsalivepodcast.com/>

Saint of the Day Franciscan Media - <https://www.franciscanmedia.org/saint-of-the-day/>

Catholic Online Saint of the Day - <https://www.catholic.org/saints/sofd.php>

Saint of the Day Vatican News - <https://www.vaticannews.va/en/saints.html>

uCatholic - <https://ucatholic.com/category/saints/>

Good Catholic - <https://www.goodcatholic.com/podcasts/the-saint-of-the-day-podcast/>