# 7th Grade Study Guide

St. Timothy Religious Education Office 13807 Poplar Tree Road Chantilly, VA 20151 (703) 378-9143

#### **PRAYERS**

(Glory Be, Hail Mary, Our Father and the following)

#### **Act of Contrition**

Oh my God, I am heartily sorry for having offended Thee. I detest all of my sins because of Your just punishment, But most of all because they offend Thee, my God, Who art all-good and deserving of all my love. I firmly resolve, with the help of Your grace, To sin no more and avoid near occasions of sin. Amen.

#### **Apostles' Creed**

I believe in God, the Father almighty, creator of Heaven and earth; And in Jesus Christ, His only son our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; on the third day He rose again from the dead. He ascended into Heaven, and is seated at the right hand of God, the Father Almighty. From thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

#### VIRTUES

#### Theological

*Faith* - helps us believe in God and all He has revealed to us *Hope* - desire and seek eternal life and ultimate happiness in heaven *Charity/Love* - allows us to fulfill the 2 greatest Commandments - Love God with all of your heart, soul and mind & love your neighbor as yourself

## Cardinal

*Justice* - giving to others what is due to them *Fortitude* - strength to do/withstand what is difficult *Temperance* - self-control/moderation in the use of things *Prudence* - correct judgment in what to do

# THE TEN COMMANDMENTS

- 1. I am the Lord, your God; you shall not have other gods before me.
- 2. You shall not take the name of the Lord your God in vain.
- 3. Remember to keep holy the Sabbath day.
- 4. Honor your mother and father.
- 5. You shall not kill.
- 6. You shall not commit adultery
- 7. You shall not steal.
- 8. You shall not bear false witness against your neighbor.
- 9. You shall not covet your neighbor's wife.
- 10.)You shall not covet your neighbor's goods.

# BASIC VOCABULARY

Incarnation - The birth of Jesus, taking on human nature as man.

Parable - A short story Jesus used to teach religious lessons.

Sin - An offense against God and a rejection of His love.

## Types of sin:

Venial - a sin that does less damage to your souls and the relationship with God. Mortal - sins of serious nature that sever your relationship with God.

Sins of Omission - failure to do things that you know you are supposed to do.

#### <u>Grace</u>

A participation in the life of God. Supernatural help from God that strengthens and helps us to do good and avoid evil.

#### Revelation

All that God has told us about Himself

#### Sacrament

A visible sign or ceremony given to us by Jesus that gives us sanctifying grace.

#### **Beatitudes**

The promises of true happiness that Jesus made to those who follow His teachings.

# THE SEVEN SACRAMENTS:

1.) Baptism:
Matter = water Form = words of the priest/deacon
2.) Reconciliation/Penance/Confession
Matter = sins Form = words of absolution said by the priest
3.) Holy Eucharist
Matter = wine & bread Form = words of consecration prayed by the priest
4.) Confirmation
Matter = oil Form = "be sealed with the Holy Spirit" said by the Bishop
5.) Matrimony
Matter = a man & woman Form = the vows spoken by the man & woman
6.) Holy Orders
Matter = laying on of hands by Bishop Form = words of consecration prayer
7.) Anointing of the Sick
Matter = oil & the Eucharist, laying on of hands Form = prayer by the priest

# THE BIBLE

- 1. The Bible is divided into 2 major parts, the Old Testament and the New Testament.
- 2. There are 4 Gospels: Matthew, Mark, Luke & John.
- 3. The Gospels are in the New Testament.
- 4. The life, death and Resurrection of Jesus are in the New Testament.
- 5. The first book of the Bible is Genesis and the last book of the Bible is Revelation.

## THE FIVE PRECEPTS OF THE CHURCH (The duties of a Catholic)

- 1. Attend Mass on Sundays and Holy Days of Obligation.
- 2. Confess sins at least once a year.
- 3. Receive Holy Communion at least once a year during the Easter season.
- 4. Observe the prescribed days of abstinence and fasting.
- 5. Contribute to the needs/support of the Church.

#### THE ROSARY

#### The Joyful Mysteries (Decade)

The Annunciation of Jesus - announce that Jesus will be born The Visitation - Mary visits Elizabeth The Nativity of Jesus The Presentation of Jesus in the Temple The Finding Jesus in the Temple

#### The Luminous Mysteries (Decade)

The Baptism of Jesus in the Jordan River The Wedding at Cana The Proclamation of the Kingdom of God The Transfiguration The Institution of the Eucharist - Jesus gives us the Eucharist

#### The Sorrowful Mysteries (Decade)

The Agony in the Garden The Scourging at the Pillar The Crowning with Thorns The Carrying of the Cross The Crucifixion

#### The Glorious Mysteries (Decade)

The Resurrection of Jesus The Ascension into Heaven - Jesus returns to heaven The Descent of the Holy Spirit The Assumption of Mary - Mary is taken to heaven The Coronation of Mary - Mary is crowned Queen of heaven