

7th Grade Study Guide

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PRAYERS

(Glory Be, Hail Mary, Our Father and the following)

Act of Contrition

Oh my God, I am heartily sorry for having offended Thee.
I detest all of my sins because of Your just punishment,
But most of all because they offend Thee, my God,
Who art all-good and deserving of all my love.
I firmly resolve, with the help of Your grace,
To sin no more and avoid near occasions of sin. Amen.

Apostles' Creed

I believe in God, the Father almighty, creator of Heaven and earth;
And in Jesus Christ, His only son our Lord,
Who was conceived by the Holy Spirit, born of the Virgin Mary,
suffered under Pontius Pilate, was crucified, died and was buried.
He descended into hell; on the third day He rose again from the dead.
He ascended into Heaven, and is seated at the right hand of God, the Father Almighty.
From thence He shall come to judge the living and the dead.
I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness
of sins, the resurrection of the body, and life everlasting. Amen.

VIRTUES

Theological

Faith - helps us believe in God and all He has revealed to us

Hope - desire and seek eternal life and ultimate happiness in heaven

Charity/Love - allows us to fulfill the 2 greatest Commandments - Love God with all of your heart, soul and mind & love your neighbor as yourself

Cardinal

Justice - giving to others what is due to them

Fortitude - strength to do/withstand what is difficult

Temperance - self-control/moderation in the use of things

Prudence - correct judgment in what to do

WORKS OF MERCY

Corporal Works of Mercy

1. Feed the hungry
2. Give drink to the thirsty
3. Clothe the naked
4. Visit the sick
5. Shelter the homeless
6. Visit the imprisoned
7. Bury the dead

Spiritual Works of Mercy

1. Admonish the sinners
2. Instruct the ignorant
3. Counsel the doubtful
4. Comfort the sorrowing
5. Bear wrongs patiently
6. Forgive all injuries
7. Pray for the living and the dead

THE TEN COMMANDMENTS

1. I am the Lord, your God; you shall not have other gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Sabbath day.
4. Honor your mother and father.
5. You shall not kill.
6. You shall not commit adultery
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
- 10.)You shall not covet your neighbor's goods.

THE SEVEN GIFTS OF THE HOLY SPIRIT

Wisdom: This gift helps use good judgment in making decisions.

Understanding: Let us grasp truths and think clearly in making decisions.

Counsel: Being able to think clearly to teach, advise, admonish, guide, inform and encourage others.

Fortitude: The ability to remain firm against all pressures. (Also called “courage”)

Knowledge: To study and learn so that information can be used to enlighten others.

Piety: Personal holiness and devotion to God.

Fear of the Lord: Awe and reverence of God and all He has given us.

BASIC VOCABULARY

Incarnation - The birth of Jesus, becoming man.

Parable - A short story Jesus used to teach religious lessons.

Sin - An offense against God and a rejection of His love.

Types of sin:

Venial - a sin that does less damage to your souls and the relationship with God.

Mortal - sins of serious nature that sever your relationship with God.

Sins of Omission - failure to do things that you know you are supposed to do.

Grace

A participation in the life of God. Supernatural help from God that strengthens and helps us to do good and avoid evil.

THE FIVE PRECEPTS OF THE CHURCH (The duties of a Catholic)

1. Attend Mass on Sundays and Holy Days of Obligation.
2. Confess sins at least once a year.
3. Receive Holy Communion at least once a year during the Easter season.
4. Observe the prescribed days of abstinence and fasting.
5. Contribute to the needs/support of the Church.

THE SEVEN SACRAMENTS:

- 1.) Baptism
- 2.) Reconciliation/Penance/Confession
- 3.) Holy Eucharist
- 4.) Confirmation
- 5.) Matrimony
- 6.) Holy Orders
- 7.) Anointing of the Sick

THE ROSARY

The Joyful Mysteries

The Annunciation of Our Lord
The Visitation
The Nativity of Jesus
The Presentation in the Temple
The Finding Jesus in the Temple

The Luminous Mysteries

The Baptism in the Jordan
The Wedding at Cana
The Proclamation of the Kingdom of God
The Transfiguration
The Institution of the Eucharist

The Sorrowful Mysteries

The Agony in the Garden
The Scourging at the Pillar
The Crowning with Thorns
The Carrying of the Cross
The Crucifixion and Death

The Glorious Mysteries

The Resurrection of Our Lord
The Ascension into Heaven
The Descent of the Holy Spirit
The Assumption of Mary
The Coronation of Mary