

A Servant's ♥ Heart

CELEBRATING SERVICE, COMPASSION & GOD'S LOVE • FALL 2021



Photo courtesy of Pat Washburn



What is the best kept secret at St. Timothy?

The Society of St. Vincent de Paul has had an active conference in the parish since 2003, one of ten in the Arlington Diocese. Yet, some parishioners do not know all that we do! SVDP is the best-kept secret at St. Timothy! This newsletter will inform and unveil those secrets.

Join Us for the Friends of the Poor Walk!

The 14th Annual Friends of the Poor Walk is coming Saturday, September 25th from the St. Timothy food pantry parking lot in the bus barn area to the wooded park trails of Eleanor C. Lawrence Park and back (estimated 3.5 mile walk). Participation averages between 30 and 50 walkers of all ages. Walkers can register and donate online at www.fopwalk.org or the day of the walk.

We're hoping to expand the walk this year because it is our biggest fundraiser and we want to be able to do more during these difficult times. 100% of the donations go to the St. Vincent de Paul Society

in our parish and provide for our neighbor's food, rent, utilities, medical bills and more.

The walk starts at 9:45 am with a few kick-off activities beginning around 9 am. We gear up for the walk with easy warm-up exercises to fun DJ music and fuel up with water, coffee, bananas and protein bars.

Eileen Smith has coordinated the Friends of the Poor Walk for many years with Diane Michalke and other volunteers. "We prefer that we walk together down the sidewalk from the church parking lot [and] have police guidance at the corner of Walney and Poplar Tree, as we enter the park. We walk a few loops in the park and then back out to the SVDP pantry," Ms. Smith said.

The walk is a great way to enjoy the sunshine and socialize while supporting our neighbors in need!

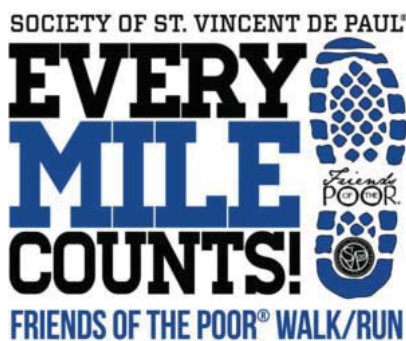
Fun for the whole family!
Everyone is welcome!
Register online at
www.FOPWalk.org



Annual Holiday Food Drive

Before you know it, we'll be filling grocery bags again with foods to help families celebrate the holidays together! Look for the flyers and empty grocery bags to be distributed in late October. Bring food items to the SVdP food box located in the back of the church. Gift cards should be dropped off at the parish office in a separate envelope with receipt

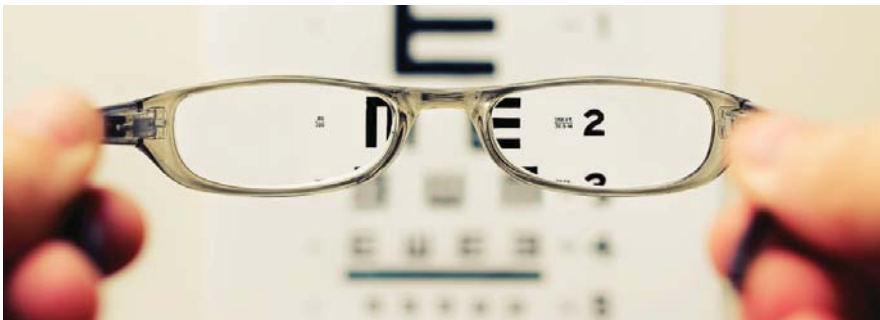
Donating multiple \$10 & \$20 gift cards is the best way to provide for the needs of more families. We like to give \$40-\$50 per family in order that they may purchase their own fresh meat and produce. Checks are also accepted at the parish office, payable to SVDP, St. Timothy Conference.





American Heritage Girls School Supply Drive: A Success!

St. Vincent de Paul and American Heritage Girls (AHG) Troop VA1148, led by Maria DeBrosse, held a successful school supplies drive in August. With the generous support of parishioners at St. Timothy Catholic Church and the local community, we were able to distribute school supply kits for 30 Middle/High school students, 100 Kindergarten-6th Grade students, and 24 pre-school aged children. We thank you for your generosity!



Restored Vision While in Recovery

Members of St. Vincent de Paul have been meeting the residents of *A New Beginning* (ANB), a comprehensive rehabilitation program for those turning away from drugs and alcohol with the help of detox, counseling, education and housing opportunities. In 2016, a small group of ANB residents needing eye exams for prescription glasses met with members of SVDP during their lunch break. The impact of that casual first encounter was the beginning of a continuing program that has helped with over 100 eye exams and conveying a vital message—you are loved, we'll pray for you and there is a brighter future. SVDP

also provides other services like clothing to residents who have no other means of support and bags of food to program graduates, as they return to the world with a new perspective. Lidia Rodriguez, Client Services Manager at ANB, says, "We are grateful for the support of SVDP over the years. The genuine way that they connect with our residents is a huge component of their recovery." After receiving a new pair of glasses, one resident writes, "I would like to thank the church. I heard that you all have been blessing people for years. God is good and you all have been a blessing to a man that is working hard to get his life back on track."

HOW WE HELPED OUR NEIGHBORS

October 2020 through July 2021

Paying Utility Bills	\$ 43,870
Rent/Mortgage	\$ 42,688
Food Assistance	\$ 26,358
Car Payment/Repair	\$ 2,677
Medical Bills	\$ 2,147
Other SVdP Support	\$ 9,358
TOTAL	\$127,098



FOOD PANTRY

Number of Families Helped

October	117
November	156
December	178
January	117
February	107
March	124
April	113
May	95
June	116
July	119



For help, call 1-800-873-0613

To help at the pantry,
Vivienne Cameron

cammras@gmail.com

For general info and donations,

Charlene Unterkofler

cmunterkofler22@gmail.com