

A Servant's ♥ Heart

CELEBRATING SERVICE, COMPASSION & GOD'S LOVE • APRIL 2026



Young Vincentians at Work!

Saint Timothy Conference is happy to share that our Young Vincentians are making wonderful strides! They've crafted new signs for the Food Pantry's food exchange table and arranged home-visit kits filled with goodies and helpful resources for caseworkers to share with families. They were enthusiastic about Diocesan Service Week and organized engaging events to inform St. Timothy's parishioners about their exciting activities.

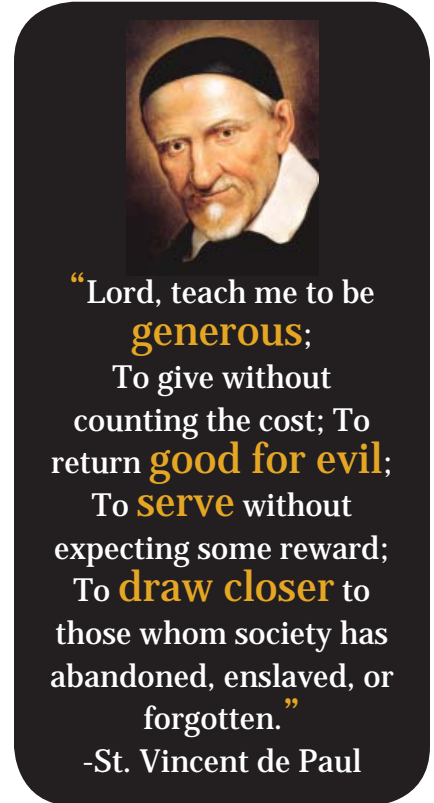
More service projects are in the works, and we'd love for you to get involved! Join Lyla, Anthony, Lucy, and Emma at their monthly in person meeting, or hop on Zoom for their virtual meeting. Please visit: St. Vincent Youth Council. Feel free to contact the Young Vincentians' President at lylamakayla@icloud.com to learn more and become a part of their inspiring journey!

¡Necesitamos tu Ayuda!

Necesitamos tu ayuda para apoyar el trabajo social de San Vicente de Paúl en la parroquia de St. Timothy. Este voluntariado consiste en conectarse con los vecinos necesitados, ya sea por teléfono o en persona, escuchar con empatía y ayudar a coordinar asistencia como alquiler, servicios públicos y otras necesidades básicas.

Los voluntarios suelen ofrecer tanto ayuda práctica como una presencia afectuosa a quienes enfrentan momentos difíciles. Se proporciona capacitación y orientación con tiempo flexible.

Si estás buscando una manera de servir a tu comunidad y tener un impacto directo en la vida de los demás, te invitamos asistir a una reunión el segundo jueves de cada mes a las 7:00 p.m. en el New Parish Hall o enviar un mensaje a: svdp.st.timz@gmail.com.



“Lord, teach me to be **generous**;
To give without counting the cost; To return **good for evil**;
To **serve** without expecting some reward;
To **draw closer** to those whom society has abandoned, enslaved, or forgotten.”

-St. Vincent de Paul



If you need help:
1-800-873-0613

General SVdP information:
Sandy svdp.st.timz@gmail.com

Food Pantry Information:
Peggy proberts8@cox.net

To Volunteer:
Guy gtgii@hotmail.com



Please use this QR-Code to donate to SVdP at St. Timothy

Message from the President

This issue reminds me that all of us, young and old, can work together to build God's Kingdom on earth. We each have a mission and purpose, and we contribute according to our talents. Whether it is the wise welcoming the newborn, the youth caring for those in need, or efforts to connect with our immigrant communities, all are done in a spirit of friendship and love.

Please consider giving generously to help others, or visit with us at our monthly meetings, held on the second Thursday of each month at 7:00 p.m. in the New Parish Hall. Additionally, the Young Vincentians, ages 13 to 18, meet on the third Saturday of each month at 2:00 p.m. in the large parish conference room. All are welcome!

Sandy



Flowers in February!

During the February food distribution, dedicated pantry volunteers received a heartfelt surprise from a grateful visitor. Having previously received financial aid from SVdP and feeling the love, the visitor arrived with bouquets of roses to share with the volunteers. This unexpected act of gratitude brought smiles to everyone's faces and exemplified the biblical expression that 'you reap what you sow.' May God bless all our families!

Thank you

We extend a special thank you to our past food pantry volunteer coordinator, **Vivienne Cameron** for her many years of joyful service!

Want to give?

Donations gratefully accepted! Mail or drop off checks payable to SVdP, St. Timothy Conference, go to parish website food pantry tab, or use the QR code on the front page.

Vincentians Visit the Bishop

Earlier this year, leaders of St. Vincent de Paul conferences across the Arlington Diocese met with Bishop Burbidge to update him on the many ways the Society is serving its neighboring communities. One by one, the Conference Presidents, including Sandy from St. Timothy, shared their recent events, past successes, and upcoming projects, such as food pantry activities, youth involvement, and direct emergency assistance. In return, the Bishop expressed his gratitude for the Society's steadfast presence and even surprised us by revealing that his father was also a Vincentian!



NEIGHBOR STORIES

Service we owe our neighbor, who is the image of God.

One of our Vincentians loves working with pregnant mothers and expectant parents. A former nurse, she taught childbirth classes at Fairfax INOVA before joining the Maryknoll Lay Society, where she enjoyed working with pregnant women in Cambodia living with AIDS. She considered returning home shortly after arriving in Cambodia, but later was glad she had stayed for three and a half years. Currently, she is making an impact on the lives of three local women—two who have given birth and one who is still expecting. Here are their stories.

STORY #1

Anna immigrated from Afghanistan in 2021, is married, and lives in Herndon. SVdP assisted with their rent after her husband was in an auto accident and lost his job. Despite mounting medical bills and severe morning sickness, Anna was still excited to share the news of her pregnancy with SVdP.

Their baby boy was born one month prematurely on November 30th. Anna took some maternity leave, but complications during labor and delivery posed new challenges. Through the Blue Envelope Project, Anna received additional baby items, food, and gift cards for the baby from SVdP sponsors and family members. We also directed Anna to other beneficial county services.

Anna's cousin, visiting from Texas, stayed with them for a time. Yet regular Vincentian home visits continued, and a sense of peace returned as they adjusted to their new circumstances. A trusting friendship had blossomed around the family's new arrival, and when asked what was most helpful, Anna replied, "The encouragement."

STORY #2

Two Vincentians visited Teresa, a nineteen-year-old pregnant woman, who was scheduled to be induced into labor the following month. She delivered a beautiful baby girl in January. At first, her family was neither involved nor supportive, so she rented a room in someone's home and walked to work because she had no car.

She stopped working when her legs swelled from standing for extended periods. She is separated from the baby's father, with whom she has a difficult relationship. SVdP referred Teresa to a pro bono law firm for child support and identified programs that would house and support young mothers.

However, Teresa reconciled with her two older sisters and moved in with them instead. While she enjoys the family support, she is also deeply grateful to her Vincentian friends for their companionship, baby items, and gift cards. Her baby is doing well, and she enjoys her new job at a child care center, where she can bring the baby along.

STORY #3

Regina, a recent high school graduate, is three months pregnant and living in a supportive home environment. Her out-of-state boyfriend contacted St. Vincent de Paul on her behalf. Her mother gave her a ride to our parish office for an initial meeting with two Vincentians.

We were pleased to learn that her parents' medical insurance would cover her sonogram and other medical expenses, easing a major concern. She is due to deliver the baby in mid-August 2026. In the meantime, she has become a regular pantry visitor and appreciates the food, baby supplies, and encouragement she receives.

Providing a listening ear and a different perspective are key features of a Vincentian home visit. Our hope is that Regina, a soon-to-be young mother, will recognize her strengths and gain confidence to tackle her new role in the years ahead.

**Names changed to protect privacy.*

A trusting friendship
had blossomed around
the family's new arrival,
and when asked what was
most helpful, Anna replied,
"The encouragement."

First Half of Fiscal Year (Oct - Mar 2026)

Society of St. Vincent de Paul, St. Timothy Conference

CORPORAL WORKS OF MERCY

FEED THE HUNGRY

1,045 families served
\$33,803 spent on food/
non-food purchases

Over 30 lbs. of food per family, monthly
47,916 pounds of food distributed



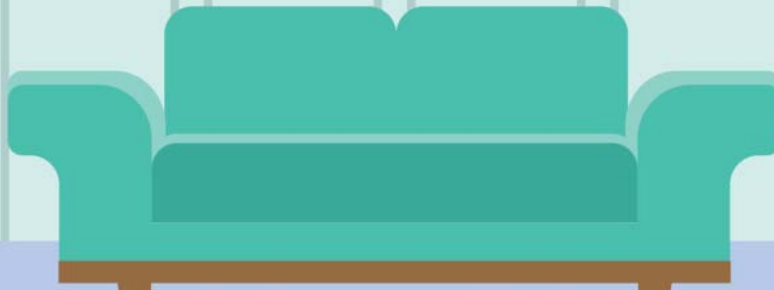
CLOTHE THE NAKED

Coats for Kids
Donated 115 new coats &
other clothing items
We provide clothing throughout the year
with gift cards



SHELTER THE HOMELESS

\$120,867 in direct assistance (rent-utilities-other)
295 families served



VISIT THE SICK

\$2,711 spend on healthcare costs including
medical expenses and prescriptions for families



1,339 Helpline Calls Received



Thank you for your continued generosity.

Helpline 1-800-873-0613 Food Pantry 3rd Saturday of each
month, from 9 to 11 AM, 13807 Poplar Tree Road, Chantilly Virginia



Donate to SVdP
at St. Timothy